Practical Measures for Keeping Health Information Private

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Abstract

Increasingly large amounts of personal information are being captured and stored within healthcare systems; and these data are being shared increasingly widely, and aggregated into ever larger data warehouses. There are good and proper reasons for doing this and the end result will bring benefits to physicians, patients and the community. However there are also demands for health information, for unethical and illegal purposes, and the evidence indicates that there is a ready supply line for it; on the other hand there may be little need to use that supply line when such vast quantities of personalised health information are regularly being lost or otherwise disclosed by government and private sector

This article takes a careful look at information privacy to determine where and how personal information is being abused and disclosed, and how to prevent this. Some of the disclosures are simply a consequence of laziness and carelessness; others are calculating and deliberate; but they can all be controlled and in some cases eliminated by applying well-established methods and technology. The problem seems to be that institutions either do not understand what is required of them, or do not care enough to implement the appropriate measures. It seems also that systems are not being planned with privacy in mind, and consequently are not readily able to accommodate these demands.

Keywords: Health Information Privacy; Unique Identifiers; Network Infrastructures

Introduction

Patients expect that the healthcare system will keep their personal care records secret. Arguments have been put forward that privacy of health information is only 5 an issue of concern for those with something to hide. Whether or not this is true, the evidence suggests the and patients are unwilling to tell the whole truth about certain health matters where they feel their information 10 may not be kept private, so making the task of care providers more difficult and risky. This aligns with the nises the right of the patient to control all matters relating to their own body, including information about it. 15 Medicine has a long history of ethics going back to the oath of Hippocrates[3], which includes the requirement to keep secret information that is shared with a clinician 35

in a consultation. Many professional associations require their members to keep such confidences, and many 20 hold the power to censure or de-register their members whose ethical conduct fails to match up to expectations, even if they have not actually committed a legal offence.

Public anxiety about information privacy is high, especially as a consequence of the almost daily losses of issue is a priority for a large part of the population[1,2], 25 personal information from both private and government records, the statistics of which are quite frightening[4]: disclosed reports detail over 120 million records that were affected in 2011, with almost one third of the incidents occurring in the health sector; how much this ethical principle of personal autonomy, which recog-30 would be increased by inclusion of undisclosed losses is anyone's guess. There is undoubtedly a strong demand for personal information of all types, including health information[eg 5], and the system of data protection is potentially flawed[eg 6,7].

Issues relating to information privacy and system

security are crucial issues in the context of information tion Acts and associated privacy principles[eg 12,13]. management systems: trust is hard won and loss of trust 90 In the exceptional event that the patient appears incacan be extremely damaging[8] especially where such sensitive information as that recorded for healthcare is 40 involved. Failure to manage these effectively can cause loss of confidence and bring major information systems to their knees unless users (public and professionals 95 of solving the immediate health problem, including acalike) are assured of the highest level of integrity and privacy protection.

The legal system recognises the personal autonomy principle, and requires that the patient is given the right to control what happens to their bodies and to their odefinitions of concepts used in this article with which personal information: every action and intervention relating to these matters must be the subject of a valid and 50 informed legal consent process. Whilst consent may be implied and valid, the weakness is that this depends totally on who is making that implication and whether or not it aligns with the patients intentions. There are 105 two relevant bodies of law in UK: one is the Human 55 rights Act (1998), in which article 8 guarantees that the State shall not interfere with the privacy of individual; the other is the Data Protection Act (1998) which places numerous obligations on those who are custodians of personal information in respect of all processes in the 60 information cycle (data collection, storage, access, use, disclosure, destruction etc). It is a specific obligation that custodians of personal information keep personal information secure and protected from any unauthorised access. Equivalent legislation exists in most other devel₃₁₅ 65 oped countries, and it seems reasonable to suppose that a roughly equivalent arrangement should be the basis of systems planning worldwide, not simply based on ethics. Being a signatory to the Universal Declaration of Human Rights (1948), Australia supports the issues, 70 although it lacks a Human Rights Act: however it does¹²⁰ have a Privacy Act[9].

There are numerous legitimate uses for which health information is required: authorisation to access it and the terms and conditions of that access thus becomes 75 a vital issue. In terms of the ethical principle of personal autonomy, the only legitimate day-to-day source of authority to access records where the subject is identified is the patient[10,11], whether or not their physician may believe that refusing permission to disclose person-80 alised information (eg to a colleague) is wise. However confidentiality is not absolute: there are various excep₃₃₀ tional circumstances recognised, such as where access is permitted by statute, by court order, or where there is a real belief that disclosure is necessary to prevent a 85 crime or the risk of serious damage or injury, or where there is an overriding issue of public interest. The law recognises the personal autonomy principle as of cen-135

pable of giving valid consent to access their records (eg through incapacity, confusion, lack of comprehension, inability to reason etc), the attending clinician may take whatever steps are believed necessary in the context cessing/disclosing information as well as undertaking interventions, without patient authority under the legal doctrine of the 'best interests' of the patient.

For clarity there follow (below) a number of working general readers may not be familiar:

- *Private*: the right of a person to control who knows what about them, and to reveal themselves, and particularly that information which they consider sensitive, selectively and at a time, place and manner of their choosing,
- Confidentiality: an ethical principle (and in some instances, including medicine, a legal requirement) to keep information divulged by one person to another within a tightly restricted environment and to prevent it becoming public knowledge
- Security: keeping information available to authorised users, ensuring it is neither lost or corrupted, and protecting it from all forms of attack, and particularly access by unauthorised persons
- *Primary use:* the primary use of healthcare information is in the context of the care services provided to the patient, now and in the future, including such associated but necessary administrative functions as audit, quality assurance and accounting
- Secondary use: the secondary uses of health information include all those uses that are not directly related to the care of the individual, including research, public health studies, data warehousing, business management, manpower and facilities planning, statistical returns etc
- Personalised information: care information which is associated with personally identifying data which is sufficient for a third party (eg analyst) to be able to identify the person concerned, the information is 'personalised': where re-identification is impossible the information is 'de-personalised' or 'de-identified'.

This article refers at various points to issues of ethics tral and guiding importance in the form of data protec- and the law. Medical ethics have no geographic limit to

their application, but the law does recognise different jurisdictions. In this article reference is generally made to Australian and UK laws, but equivalent legislation 140 exists in almost every developed nation.

Uses of Health Information

A century ago there was just one purpose for making and 195 also have the ability to control who sees which parts of keeping health records: that was to act as an aide memoire to the physician (primary user) as to what was the 145 patient problem and how it was progressing, and to calculate the account for payment by the patient. Although this primary function of medical records remains un 200 research. There is a fast growing and potentially inchanged, since that time the uses to which health information from personal care records is put have expanded 150 considerably, including insurers and payors, administrators and business managers, finance officers, auditors, referral services, nurses, clinic/ward clerks, technicians₂₀₅These analyses will throw new light on trends, data clinicians and so on.

Some of these parties (eg other clinicians and audi-155 tors) may need access to the full details in the patient record, and this disclosure may require the authorisation of the patient (see above). Most of the rest do not need210 clinicians and patients of the options and statistics reaccess to the full records of the care event, but their needs can be served with abstracts – eg unique identity, 160 service date(s), diagnosis(es) or reasons for encounter, services provided (translates to billable event(s)), service provider/clinic etc. These details are quite sufficient215 manage risks and get the best possible value for every to enable the event(s) to be administratively verified and accounted for, and for an invoice to be raised and recon-165 ciled with the payment when received from the payor: this also serves to preserve patient privacy. However the current typical arrangement is that almost anyone in the220 longitudinal studies where following the same patient care enterprise has access to the full records of care for all patients, irrespective of their needs: alternate views 170 in which only an abstract of the record appropriate to the specific data needs of that user are not generally available. This almost universal practice demonstrates either a scant regard for the law relating to personal information privacy on the part of the users/institution₂₂₅3 175 or a failure to comprehend its provisions on the part of both systems developer/vendor and users/institution. There is data from several other sources to supporting the notion that healthcare professionals and institutions are either ignorant or careless as regards privacy issues 180- not least the catalogue of recorded and entirely avoid₂₃₀ ple, if a records system is populated with information able data losses[14], as well as specific studies showing evidence that privacy practices amongst some of those with custodianship of confidential electronic medical

primary purposes, there is considerable interest and tems the embedded functionality is all-important, since

records are less than adequate[15].

potential to benefit clinicians and patients alike through bringing together all the events and encounters for an individual into a longitudinal record of care, thereby 190 creating a single repository that could in principle chart the health-related events for an individual from 'cradle to grave'. Such a repository could be of considerable benefit to the patient, but access to it would clearly need to be under the control of the individual, who should the whole.

Moving on to the secondary (ie not directly linked to the care of the patient) uses of healthcare records, these extend to the wider interests of public health and trusive demand for care information to bring records together into data warehouses in order to analyse, search and summarise them for new insights into incidences, causation, natural history, treatments and outcomes. linkages/associations, new syndromes, treatment risks (eg associated with devices, medicines, procedures), diagnostic pathways, best quality care practices, costs, quality of life etc which will be invaluable in informing lating to their situation. These data can be formulated into knowledgebases, which are becoming of considerable interest for development of artificially intelligent clinical decision support systems, and to contain costs, health dollar spent. None of these purposes requires the actual identity of the individual to be disclosed: the data can be anonymised with all personal identifiers removed. However anonymisation does impeded some over time is required, in which case the data may be pseudonymised where personal identifiers are replaced with a cipher, but the cipher remains always the same for that individual so permitting longitudinal record linking.

The Privacy Challenge

The issue with information management systems is that they are designed to achieve specific purposes, and those purposes are deeply embedded in the way the systems are built and operate 'behind the scenes'. So, for examabout a number of individuals, the simplest way for it to function is to permit any authorised user to have access to any and all records, thereby giving the user the maximum functionality and allowing them to do whatever As an extension to enable records to better serve the235 they may wish with the stored information. In many sys300

the data that is being collected is normally made avail- widely seen as part of the 'normal operation' of an able (for a fee) to commercial operators who use it to generate business opportunities, thereby improving the 285 of the duty of confidentiality to the patient – for example 240 financial viability of the system and maximising the income from it. Examples abound of personal information stored in databases being sold to third parties[eg 5,16] without the knowledge of the individuals concerned: the UKs information commissioner has commented that 2907 distinct problem areas for healthcare institutions (be-245'the penalties aren't strong enough to stop it'.

The point at issue is that the personal information privacy requirements of a system must be built in to the system from the start: it is often impractical to tack them on after the system is built. The preceding 250 sections outline the parameters which any ethical and 295 legal health information management system must be able to accommodate.

Confidential Data Disclosures

There is an understandable reluctance to admit to the 255 existence or extent of data losses and the reasons for them, given the potential for legal actions as well as loss of public trust. However the health service appears to be the sector with the largest reported confidential data losses (about 1/3 of total reported incidents[17]), and³⁰⁵ 260 there is a chronological record of the incidents and how they were perpetrated[14] which provides information as to the events that gave rise to these losses.

Based on the evidence[14] it would seem that the most widely reported acts that lead to confidentiality310 265 breaches are:

Losses

- through unintended disclosures eg exposed₃₁₅ to the web, sent to the wrong recipient, inadequate access controls etc.
- through physical loss of paper, media, computers, memory devices, etc.

• Abuses:

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- authorised users abusing their privileges, making improper disclosures, carelessness and fraud 325

Hackers and malware:

- Electronic access by an external (nonauthorised) party ('hacker'), including through the use of malware and spyware

However, as outlined above, there are other ways in which personalised data may be abused, some of which go unrecognised and unreported since they are

institution, even though they constitute clear breaches the administrative processing of data with full identifiers attached, and the re-identification during analysis of data that has been previously anonymised.

These have been separated on an empirical basis into low), and in the following section appropriate strategies for prevention and management of each of these are proposed.

- Accidental data losses and disclosures Many personal information disclosures take place because computers or memory devices carrying unencrypted personal health information are lost[eg 18], stolen, sold or discarded. In some instances data is lost in transit; in other instances data is incorrectly sent to the wrong destination[eg19]. Data may also be embedded in hardware that is sent externally for disposal or repair, so disclosing the data unnecessarily[eg 20]. These losses are easily prevented with simple measures.
- Abuse of access privileges System users are assigned access rights, but these privileges may enable the user to access records which they are aware they should not: there is a cohort of individuals who will browse the system looking for familiar names, and then accessing confidential data about them for which they have no access rights nor reasons, thereby knowingly abusing their privileges. These is an entire industry based on the lucrative business of persuading such users to look up details to order (eg for employers, insurers, finance houses, attorneys etc) usually with the promise of a reward for information provided - a sad reflection on the business ethics of those receiving this information. Where data is outsourced for processing, responsibility lies with the outsourcing institution, but the data may be abused by the contractors and, unless their abuse is a crime within the jurisdiction where the outsourced processing takes place, it may prove difficult if not impossible to prosecute offenders even if they can be identified.
- Improper data disclosures Sensitive personal information may be disclosed by staff of healthrelated businesses, in some cases because they are not aware of the limits on data disclosures and to whom data may legitimately be disclosed, in other cases because they are deceived into disclosing material that they should not – eg by someone posing as a close relative.

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• Abuse of privacy by information technology staff and contractors The nature of their work reall manner of confidential information is stored about patients, staff, user privileges etc. In addition technical staff may have the knowledge and skills necessary to copy, edit, export or delete data, leave a trail leading to another innocent user. A means has to be implemented to prevent this: this is probably the most difficult problem to resolve satisfactorily.

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- Unauthorised access from outside There is as395 always the issue of preventing external hackers from gaining access to systems, but at the same time ensuring that legitimate remote users (eg other clinics, clinicians, patients) are able to access the data/functions for which they have access privi400 leges. Many individuals may be afforded external access privileges, including staff of the enterprise working from home: there is a significant risk where the access routines (usernames, passwords etc) are embedded in computers which may be405 used by others, or can be stolen, so compromising that secure access.
- Disclosure of patient identity during routine data processing As outlined above, the identity of₄₁₀ the patient should not appear routinely on screen together with their clinical details when clerks are carrying out their normal daily business and administrative functions of the institution: it is hard to ignore the name of the patient when it is right in front of them – more so if that person is local and⁴¹⁵ happens to be known to them.
- Re-identification of anonymised and pseudonymised data It is necessary to address the issue of researchers and analysts who420 have a range of technical/research database linking and management tools at their disposal which can be used to manipulate the data held for example in major data warehouses in order to retrieve the identity of the patients whose anonymised or425 pseudonymised records have been made available to them for legitimate research and analytic purposes.

Practical Preventive Measures

380 Most of the above can be prevented using relatively simple technical and non-technical measures, along with some minor re-arrangement of the ways in which

- electronic health information management systems are structured. Importantly education and awareness are quires that IT staff may have to access files where385 a central part of this, together with ensuring that all users are subject to a binding agreement regarding their access rights and privileges. There are some generic guidelines available - for example from the Office of the UK Information Commissioner[21], as well as from as well as to eliminate traces of their activities, or390 the International Standard ISO27001. Below are some specific measures that can be taken specifically in the context of healthcare institutions.
 - Preventing accidental data losses It seems incredible that large quantities of unencrypted personalised data are permitted to be moved onto portable devices, or exported as files to remote locations. Encryption to render unreadable any data that is to be exported in case it does go astray should be mandatory, and downloads of encrypted data should only be made by and through the IT desk to prevent the encryption step being bypassed. Data should be encrypted asymmetrically: this encrypted data would only be readable by the holder of the private key corresponding to the public key used to encrypt it. Where data is destined for a referring physician (eg about investigations, patient discharge etc) all that should be sent is the advice that the data is ready and where the data has been placed: the legitimate recipient should already have access rights to the patient folder and therefore can access it themselves, whilst an unintended recipient will be unable to read the data. Such communications should in all cases be encrypted.
 - Preventing abuse of access privileges All users must be aware of and contractually bound by their rights of access and their ethical obligations – but this may not be enough. It is relatively easy to associate a table of authorised users with each patient encounter record. There may be additional temporary users, such as the ward and clinic staff when a patient is receiving inpatient care, and others that may be identified/approved by patient. Patient access authorisations will need a unique mark, with a valid from and to period: this might be provided by a patient health card or other token, plus the PIN. In the event that emergency access to patient records is required and the patient cannot for whatever reason provide this authorisation mark, a one-time access arrangement can be made by a designated duty officer giving a valid reason for the access, and thereby opening an audit trail which should be reviewed and closed with the approval of the patient after the event. All access by individuals

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- to personalised data should be logged and auditass trailed, and these logs reviewed routinely looking for evidence of inappropriate patterns of activity.
 - Preventing Improper Data Disclosures Education and training of staff regarding information₄₉₀ privacy is essential: procedures need to be in place identifying who may disclose patient-related data and under what circumstances. Importantly awareness alone is not sufficient: compliance needs to be actively monitored to ensure improper disclosures₄₉₅ are not made.

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- Preventing abuses by IT staff This is probably the most difficult privacy risk to manage effectively, simply because of the privileges and skills possessed by IT personnel due to the nature of the work. One crucial issue is to ensure that 'back door₅₀₀ ports' into the system that can be used remotely by third parties (eg vendors, external technicians) to access files, extract data and change software without direct oversight by internal staff are closed, or at least limited to functions that present no risks₅₀₅ to privacy: all such ports should be monitored to detect and terminate unusual activity. The system should be designed such that personalised data in medical records is held within an environment secured by a top level access code: whenever this₅₁₀ code is in use, there should be a supervisor monitoring what is done, as well as a data log of the event created that can be examined forensically if needed.
- Preventing unauthorised external access This is a problem familiar to all IT service managers - how to keep hackers at bay whilst at the same time not impeding access for legitimate users. Authorised external users must be provided with an access routine that is robust and requires their identity to₅₂₀ 470 be authenticated (i.e. not just a username and PIN that can be left in the memory of any machine, and can readily be spoofed). Therefore as well as a robust system-wide personal identification system, every user should have a physical token (eg dongle see 475 smart card, fingerprint etc) which can prove they are the authorised user: the reason for such a physical token is that there is only one such in existence, whereas a username can be used by many different people. Communications between external users₅₃₀ 480 and the system should, of course, be encrypted to prevent eavesdropping.
 - Preventing disclosure of patient identity during routine data processing There is no reason why

the readily human-recognisable identifiers such as name and address are used in routine data management: all systems assign the patient a system identifier (eg unit record number) which is not readily linked to a name by humans without access to a lookup table: this can serve as well as any other for record identification for internal data management needs. The issue is not one of 'heavy' security, simply of filtering out unnecessary data: there is no difficulty in doing a name lookup if this is required – of course all name lookups by staff should be monitored and audited to ensure there is a legitimate reason for the lookup and to detect unusual patterns of such activity.

• Preventing re-identification of anonymised and pseudonymised patient data Data from care encounters is supplied to warehouses, analysts and researchers: provision of personalised data would invite privacy breaches, and therefore it should be anonymised or pseudonymised as outlined above. The use of a random cipher is strong as it makes reidentification difficult: however serial analysis of the data using different parameters makes it mathematically possible to re-identify records if the number of 'hits' from a specific query is sufficiently small. Therefore a process should be implemented which terminates any analysis where the number of 'hits' is too small for privacy to be assured, requiring the analyst to seek specific approval for that enquiry – typically a minimal cell size of around 20 might be selected to support genuine analysis but reject attempts at record re-identification.

Pseudonymised data, whilst supporting vital longitudinal research, presents a greater privacy risk simply because of the linking of several events over time. Preventing the record for a single individual being extracted is therefore vital, and this can be achieved by removing the capacity to abstract records based on pseudonym. The creative analyst might then address the database directly to find all records tagged with a specific pseudonym: this can also be frustrated by ensuring that the ID attached to records in the database has been re-encrypted at the access layer so that users are unaware of the encrypted pseudonym assigned to an individual. Even so the records may still contain references to family members and contacts in the body text, posing some residual but relatively low level risk.

Discussion

Many of the above 'solutions' require no further infras-535 tructure: they could and should be implemented within any information management system. However there are some specifics that merit some further discussion. 590 encryption services (see below).

Patient Authorisations Information custodians may hold records for patients, but access to personalised pa-540 tient information should be only with the authorisation of the individual concerned (other than as outlined in the exceptions above). For that to happen patients need₅₉₅the individual receiving the data: the data can then only to have a means of making those authorisations with a valid from and to date, in a way that can be authen-545 ticated and audited. The simplest way of setting this up would be for patients to hold a token (eg healthcare card, insurance card etc) that is issued by a trusted600 pose any significant threat to privacy. This might link in authority and which has been registered/validated for the purposes of health data access authorisations – and 550 possibly also for other instances where verifiable consents may be required (eg consent to procedures etc). The application itself could be added onto any existingestions and consents and to manage encryption keys. The card if that is the clients preference, and then used to generate an electronic authorisation (including period 555 of validity if required) for this specific purpose. The application might include the ability to establish a proxy in favour of one or more individuals (eg physicians) toologing in a patient-controlled internet-based repository if act as their trusted agent(s) in deciding when and how to share/disclose their data to third parties.

As an adjunct to this, each patient record will have a table of those with read access: only those individuals who are identified on the access table will have thee15 test and investigation results etc) can be posted on web right of access. Some individuals may be included on a temporary basis – for example ward staff whilst the 565 patient is an inpatient; other may have automatic access rights – for example those undertaking clinical audits or preparing reports where there is a legal requirement too20 copy the data as they wish. Those holding a copy of the identify the individual concerned.

Strong Identification It goes almost without saying 570 that users of such an information system need to have a robust means of identifying themselves for connection and use of services, and the system being able to authen 625 records in large collections present a real threat to priticate that they are who they say they are. User login IDs and passwords are probably insufficient, since they 575 can easily be mis-used: users in hospitals have even been known to leave user ID and password combinations stuck to the ward monitor, and routinely use eachess dex number, to ensure that the ID was unique. Records others logins. For security to work, it is fundamental the system can authenticate each and every user, both 580 locally and remotely. The use of a unique token of some sort seems the only way to achieve this: a device/token that identifies the individual and requires a password to635 were able to get access to the database itself (which activate it should be the logical choice for this, issued by a regional or national authority. Such a proposal

585 has been put forward by the author elsewhere [22]. The same token can also be used to prepare the users 'normal' desktop on whatever networked workstation they are currently using, to set up their logins to all the services they require ('single sign-on'), and manage their

Data Encryption There will be instances where data is passed to a third party electronically on a memory device or as a file transfer. In any such case the data should be strongly encrypted using the public key of be read by that individual using their private key. This requires that a public key security infrastructure [16] is implemented across the healthcare service. With data encrypted in this way, losses of devices/media do not with the previous two sections in the form of a health system token (eg smart card) which can be used to identify robustly and authenticate providers, patients and others in the health sector, to manage patient authorisafunction of such a device could be extended so that it could keep track of where records for an individual are stored, using a healthcare encounters index with internet 'pointers' to where those records are located – includpatients so choose, and as proposed elsewhere[23].

Sharing Data Where proprietary or legacy systems do not readily permit external user access to the requisite functions, data for sharing (eg records of care, servers, and/or uploaded to a patient online data repository. If such data is posted to a web server, it would be encrypted with the public key of the patient: the patient can then use their ID token and private key to access and patient key (ie authorised by the patient to access their records), would also be able to access and download records for the duration of the validity of their key.

Records in data warehouses As outlined above, vacy. One approach to this, used in a national health information infrastructure where the author was the designer, is to replace identifiers with an alternate ID: the alternate ID selected was the national healthcare user inwere passed to the national database with this ID attached, but at the access layer to the database the ID was encrypted, so that no-one was aware of the ID attached to the record in the database. Even if researchers would be extremely difficult), searching the database to extract records tagged with a specific patient ID would

produced no 'hits' since all IDs in the database were encrypted. However using the routine analysis tools to 640 access the database permitted all types of analysis of the data, including cross-sectional and longitudinal studies 690 order to get their work done effectively and efficiently. even though the identities associated with the records were concealed.

5 **Conclusion and Summary**

645 Private health information that ought to be kept confidential is often not, even though simple measures could be implemented to secure it better. Seven generic situations where personal information may be disclosed in breach of the ethical principle of personal autonomy and 700 of law suits (brought under privacy, data protection or 650 of personal information privacy. Few health information systems are designed with a view to implementing the current applicable legislation requiring both that patients give authorisation for anyone wishing to view their records, and that personal records are made di-705 remotely, it is becoming increasingly vital that there 655 rectly accessible to patients. Widespread losses and disclosures of health information run into millions of records annually although this figure could be greatly reduced or even eliminated by taking simple security measures such as encryption. There is a clear need⁷¹⁰their users will be able to. Once the functionality is 660 effectively to manage the multiple unique identifiers within the care system, as well as to introduce a system for robust authentication of all involved in healthcare clinicians, patients, analysts, administrators etc, along with an audit trail of the information which they access.⁷¹⁵ of the patients.

PKI suggests itself as the logical approach to the encryption of information, and a token of some sort (eg a smart card) seems the most practical way of identifying and authenticating individuals, as well as permitting the patient to exert control over their own data.

The root cause of the current problem appears to be a failure to adopt an appropriate privacy and security720 conscious mind set when designing and developing such systems, and a failure to implement a monitoring systems to assure that information is being kept appropri-675 ately confidential at all times. Once a software system has been developed and installed, it is often almost impossible to retro-engineer appropriate privacy measures⁷²⁵ into it: they need to be planned and implemented into every level within the design.

Limitations and Further Research

There are numerous obstacles to research into these sensitive issues. One is that few institutions wish to have made public their shortcomings in the confidential treatment of personal information: they would rather it 685 was kept quiet and behind closed doors: therefore data is hard to obtain. The duty of confidentiality creates a

layer of complexity (and potentially cost also) in the handling of patient data that clinicians, administrators and technologists alike would prefer to leave aside in Despite the existence of legislation to protect personal privacy, few patients are aware of their rights, and even fewer feel in a position to exert their rights when they are at their most vulnerable in the care of the doctor. 695 And whilst paying lip service to the privacy issue, few clinics or institutions make any concerted effort to audit that the law or their internal policies on this topic are complied with - unless there is a publicised incident or a complaint. This may change however when the cost human rights legislation) makes prevention more of a priority.

As electronic records systems become more prevalent, and are being more widely networked and accessed should be performance criteria (minimum standards) set down relating to the systems-related functions of protecting personal information privacy. Unless these systems support privacy, there is no real prospect that there, it is important that a process of independent monitoring of data logs is implemented to identify where there may be concerns: the monitors would act to ensuring compliance with the law and in the 'best interests'

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Conflicts of Interest

None

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